

UKRAINE PARENTING NEWSLETTER



The ongoing war in Ukraine is having a tremendous impact on children and families. Children have experienced and witnessed violence, death, displacement, and separation, all of which are serious risks to their mental health and wellbeing. Additionally, with the number of people fleeing Ukraine now over **4.5million**, and millions more internally displaced, children are at a **heightened risk of trafficking and exploitation**.



OUR RESPONSE:

We have created open-source evidence-based¹ parenting resources to help parents and children cope during this crisis. These resources were developed by the Parenting for Lifelong Health (PLH) team at the University of Oxford, in collaboration with WHO, UNICEF, UNHCR, UNODC, University College London, the University of Cardiff, the Global Protection Cluster Child Protection Area of Responsibility, the International Rescue Committee, World Without Orphans, the Mental Health and Psychosocial Support Collaborative, the Early Childhood Development Action Network, the Global Partnership to End Violence Against Children, Maestral, Changing the Way We Care, and Save the Children.

We started with **7 simple tips** for parents to help their children feel safe and supported, and to help parents manage their own feelings during this tremendously stressful time. We have now launched **7 additional tips**, which offer practical tools to parents for:

- Preventing child trafficking
- Preventing child sexual violence
- Helping children when someone they love dies

The tips are currently available in 15 regional languages.



ACCESSING THE RESOURCES:

These 14 tips, including [faith-based resources](#), can be found on our [website](#), in our [Google Drive](#), and as [videos on YouTube](#). They can be downloaded and shared on social media and other digital platforms, or they can be printed.

To access our new tips, you can scan the below QR codes with your mobile phone:



Ukrainian



Russian



English



OUR REACH:

So far, these tips have been shared directly with 96 organisations, including governmental and non-governmental organisations in Ukraine and bordering countries, UN agencies, academic institutions, and funding agencies, and these organisations have shared the tips with parents and caregivers. To date, we have **reached over 9.5 million people** with these parenting tips.

We send our **most heartfelt condolences** to all affected by this horrendous situation, and as a team, we are committed to supporting families in this crisis in whatever way we can.



¹The evidence for these tips is based on 13 randomised controlled trials of the PLH programme, including within conflict settings

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